What We Think About When We Think About Soccer

A Journey Through the Inner Lives of the World's Greatest Players

By Simon Kuper



What We Think About When We Think About Soccer

by Simon Critchley

4.2 out of 5

Language : English

File size : 46695 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 206 pages



What makes a great soccer player? Is it natural talent? Hard work? Or something else entirely?

In his new book, What We Think About When We Think About Soccer, Simon Kuper takes us inside the minds of some of the greatest soccer players of all time, from Pelé to Zidane, to explore what makes them tick. Through interviews, observations, and analysis, Kuper reveals the unique mental qualities that separate these players from the rest.

Kuper argues that the best soccer players have a number of key mental qualities in common. These include:

- **Creativity:** The ability to think outside the box and come up with new and innovative solutions to problems.
- Decision-making: The ability to make quick and accurate decisions under pressure.
- **Focus:** The ability to stay focused on the task at hand, even when things are not going their way.
- Resilience: The ability to bounce back from setbacks and keep going.
- **Self-confidence:** The belief in one's own abilities, even when faced with adversity.

Kuper also explores the role that psychology plays in soccer. He argues that the mental game is just as important as the physical game, and that players who are able to master their minds are more likely to succeed on the field.

What We Think About When We Think About Soccer is a fascinating and insightful look into the minds of the world's greatest soccer players. Kuper's writing is clear and engaging, and he provides a wealth of information and insights that will be of interest to soccer fans of all levels.

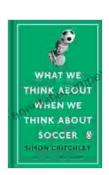
Whether you're a seasoned pro or just starting out, What We Think About When We Think About Soccer is a must-read. It will help you understand the mental game of soccer and give you the tools you need to improve your own performance.

Reviews

"What We Think About When We Think About Soccer is a brilliant and thought-provoking book. Kuper takes us on a journey through the minds of some of the greatest soccer players of all time, and he reveals the unique mental qualities that separate them from the rest. This book is a must-read for anyone who wants to understand the beautiful game." - **Arsène**Wenger

"Kuper has written a fascinating and insightful book that will appeal to soccer fans of all levels. He explores the mental game of soccer and provides a wealth of information and insights that will help readers improve their own performance." - Jürgen Klopp

"What We Think About When We Think About Soccer is a must-read for anyone who loves the beautiful game. Kuper's writing is clear and engaging, and he provides a wealth of information and insights that will help readers understand the mental game of soccer." - **Pep Guardiola**



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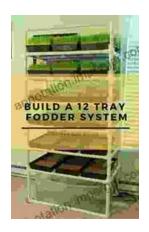
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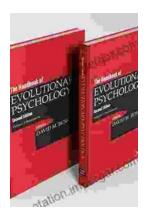
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