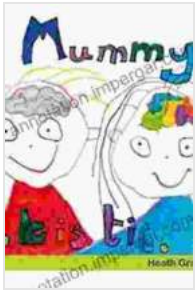


My Mummy Is Autistic: An Empowering and Insightful Book for Children



My Mummy is Autistic: A Picture Book and Guide about Recognising and Understanding Difference by Joanna Grace

★★★★☆ 4.5 out of 5

Language : English
File size : 22844 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 56 pages



My Mummy Is Autistic is an empowering and insightful book for children that helps them understand autism and the challenges faced by autistic individuals. The book follows the story of a young girl named Emily whose mother is autistic. Emily learns about the different ways autism can affect people and how to support her mother. The book is written in a clear and accessible way, and it is illustrated with beautiful artwork.

My Mummy Is Autistic is an essential resource for any child who has a family member or friend with autism. The book will help children to understand autism and the challenges faced by autistic individuals. It will also help children to develop empathy and compassion for autistic individuals.

What is autism?

Autism is a lifelong developmental condition that affects how a person interacts with the world around them. Autism can affect a person's social skills, communication skills, and behavior. People with autism may also have sensory sensitivities and repetitive behaviors.

There is no cure for autism, but there are treatments that can help people with autism to manage their symptoms. These treatments may include speech therapy, occupational therapy, and medication.

How can I support a person with autism?

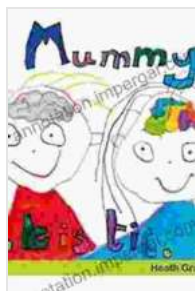
There are many ways to support a person with autism. Here are a few tips:

- **Be patient and understanding.** People with autism may need more time to process information and may not always be able to communicate their needs effectively.
- **Use clear and concise language.** Avoid using sarcasm or idioms, as they may not be understood by people with autism.
- **Be respectful of their space.** People with autism may be sensitive to touch and may need more personal space than others.
- **Encourage their interests.** People with autism may have intense interests in certain topics. Encourage these interests and provide opportunities for them to learn more about them.
- **Be an advocate.** People with autism may face discrimination and prejudice. It is important to speak up for their rights and ensure that they are treated with respect.

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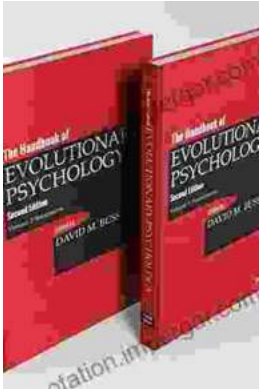
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