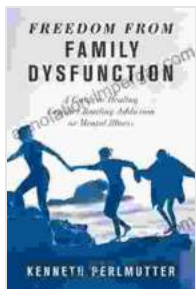


Guide To Healing Families Battling Addiction Or Mental Illness: The Ultimate Resource for Recovery and Renewal

Addiction and mental illness are two of the most challenging issues that families can face. They can tear families apart and leave everyone feeling lost, helpless, and alone. But there is hope. With the right help, families can heal and recover from the devastation of addiction and mental illness.



Freedom from Family Dysfunction: A Guide to Healing Families Battling Addiction or Mental Illness

by Kenneth Perlmutter

★★★★☆ 4.6 out of 5

Language : English

File size : 777 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 159 pages



Guide To Healing Families Battling Addiction Or Mental Illness is the ultimate resource for families who are struggling with these issues. This book provides practical advice, support, and resources to help you on the path to recovery. You will learn:

- How to understand addiction and mental illness

- How to talk to your loved one about their condition
- How to set boundaries and limits
- How to find support for yourself and your family
- How to cope with the challenges of recovery

Guide To Healing Families Battling Addiction Or Mental Illness is written by a team of experts who have decades of experience working with families affected by addiction and mental illness. They know what you are going through, and they offer compassionate and practical advice to help you through this difficult time.

If you or someone you love is struggling with addiction or mental illness, this book is for you. *Guide To Healing Families Battling Addiction Or Mental Illness* is the ultimate resource for recovery and renewal.

Testimonials

"This book is a lifesaver. It has given me the tools and support I need to help my family heal from the devastation of addiction." - A grateful parent

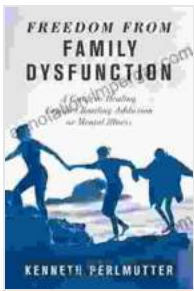
"I am so grateful for this book. It has helped me to understand my brother's mental illness and to find ways to support him on his journey to recovery." - A caring sibling

"This book is a must-read for anyone who is struggling with addiction or mental illness. It offers hope, support, and practical advice that can help you on the path to recovery." - A mental health professional

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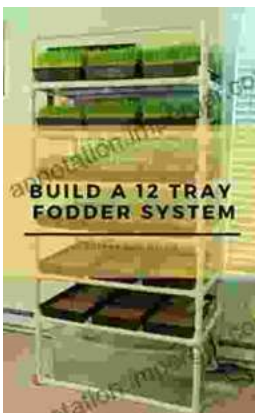
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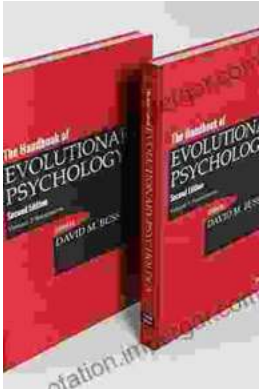
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